

Activity Coordinator's Training

Online Course Outline



Our course content is designed to address common issues faced by Activity Coordinators.

This course covers activity training and the practicalities of working with older people and those living with dementia. Across the 2 Zoom-based training sessions, we look at key aspects of the AC role and the practicalities of working with older people and those living with dementia.

During the course the following topics will be covered

Working with older people and those living with dementia

- Using Life Story work to identify present time needs and interests
- Knowing the different stages of dementia, and effective communication with people at all stages
- Understanding the capabilities of people at each stage, and identifying appropriate activities (using Jackie Pool's PAL Instrument)
- Celebrating difference and how to create a therapeutic group activity experience

Important aspects of activity provision

- The vital importance of the Whole Home Approach
- Creating activity plans to maximise positive outcomes for those you care for
- Maintaining effective records of your activities
- Evaluating specific events to ensure continuous improvement
- Demonstrating our effectiveness to the relevant inspectorates (e.g. CQC and the equivalent bodies across other UK countries & Ireland)

Getting the best outcomes and value from your resources

- Generating participation – identifying barriers & creating solutions
- Using specific resources as a way of developing relationships and responding to current needs
- Using resources in creative ways thinking 'out of the box'
- Creating a stimulating environment to improve meaningful occupation and engagement

Throughout the course you will also have the opportunity to share your own favourite effective activities and other aspects of good practice.

For any enquiries about the content of the training contact: training@dailysparkle.co.uk